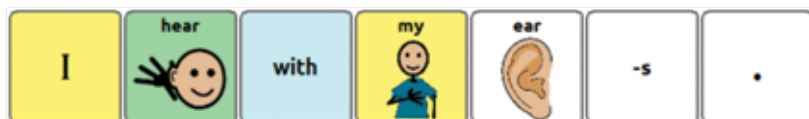


I HEAR WITH MY EARS.



We use our ears to listen to sounds in our world. Hearing is connected to learning and understanding language. Sounds can warn us or even hurt us.

Do you know anyone that covers their ears, or someone who can't bear to hear someone chewing?

Many people may be hyper-sensitive to sound. Some have trouble understanding what they hear. Some people cannot get used to irritating or extreme sounds. For ear protection, noise cancelling headphones are great tools used to muffle sounds.



*Saltillo WordPower™ vocabularies support identification and communication about our sense of hearing. These words include **loud**, **quiet**, **turn it up**, **turn it down**, and many more.*



MARCH 2020

Storytime

The Listening Walk by Paul Showers Illustrated by Aliki



Let's go on a listening walk. Grab your socks and shoes and put on your listening ears. Explore the world of hearing with a little girl and her father as they take a quiet walk. **What do you hear? What will you discover?**

Words to Model:



Make A Checklist!

Use your sense of hearing. What do you hear?

Take a **listening walk** and find what you hear!
Check off the items you hear today.

 Talking

 Door opening

 School bell

 Dishes

 Dog barking

 Walking in the hallway

 School bus

 Rain

 Bird chirping

 Laughing


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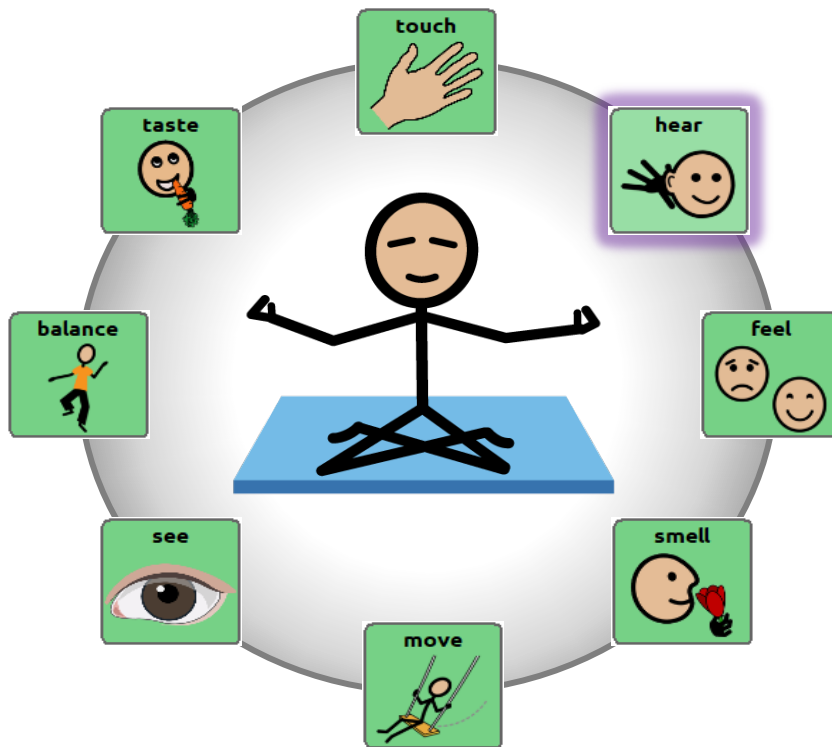


For bonus sensory regulation tips and activities, scan this code!

Practice sentences for Sensory Seekers and Avoiders- March- I hear with my ears.

Every person handles sensory input a little differently. Use these practice sentences and learn ways to talk about and regulate sensory input. Some people, 'sensors and seekers', seek sensory stimulation. Other people, 'avoiders and bystanders' avoid it.

Are you a 'seeker'? Are you a 'by-stander'? Are you a mixture?



SEEKER:

Term used to describe a person who looks for sensory stimulation. They may seek a certain type of input. Seekers may always want 'more'. They love sensation. While providing more input, it is important to keep routines in place.

AVOIDER:

Term used to describe a person who avoids sensory input. Avoiders crave routines and order. They may not like new sensations and when a routine is changed may become anxious. An avoider may need a quiet place to go and language to help manage sensory overload.

Saltillo and TouchChat WordPower™ vocabularies support identification and communication about our senses.

The sequences presented here are examples found in WordPower60 Basic SS.



March-I hear with my ears.	
Active (Sensors and Seekers)	Active (Avoiders and By-standers)
<p>Let's sing.</p>	<p>Please whisper.</p>
<p>I can hear it.</p>	<p>I don't want to hear it.</p>
<p>Turn it up!</p>	<p>Turn it down!</p>
<p>I like that music.</p>	<p>That music scared me.</p>
<p>It is too quiet.</p>	<p>It is too loud.</p>