

Your Choice

Show Your Selfie!

What is a self-portrait? It is a work of art you create that shows who you are. That means you can use whatever you want to show us who you are!

Create a self-portrait using any materials you want! Want to paint? Do it! Want to draw using crayons? Do it! Maybe you love music and making a playlist will better describe who you are. You can do that, too! Or maybe you collect your favorite objects to create a sculpture. Whatever you use to create your self-portrait, make sure you take a picture (or video) to share your artwork!

Use the TAAP strategy and the suggested words below to talk about your art. Remember, keep your speech natural and let the art and conversation lead you.

T
Talk about it

Wow! Look at that
Wow!
Look!
That **looks...**

A
Ask a Question

What will she do next?
What will...
What do you...

A
Acknowledge via Response

Maybe.
Maybe she will...
Maybe we'll see...
I think **maybe...**

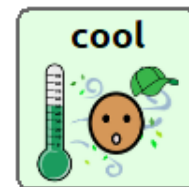
P
Propel the conversation or Predict

Let's see!
Let's keep reading.
Let's find out!

Let's Learn About: Color

Colors can make us feel different things without knowing it.

There are two kinds of colors: cool colors and warm colors.



Cool colors make us feel calm and relaxed. Blue, green, and purple are cool colors.

Warm colors give us energy and make us feel happy. Red, orange, and yellow are warm colors.

Use your favorite colors to create your self-portrait. Using a mix of cool and warm colors will create a beautiful picture!

Family Portrait

Now that you have finished your self-portrait, try creating a family portrait.

Use whatever materials you want to create the perfect family picture! You can use paint, crayons, markers, or whatever you desire. Or like before, you can make a sculpture or a playlist to represent your family.

You can make whatever you want to show off your family. Remember to talk about your family and your art as you complete this fun project!



Let's Write About It!

Now that you have created several wonderful works of art, let's reflect. Art makes us feel things, so let's write about it! Answer the questions below using the predictable chart to write about your art.

How do you feel about your art?

I feel _____



How does your art make you feel?

My art makes me feel _____



How do you want people to feel when they look at your art?

I want others to feel _____



Do you want to make more art like this?

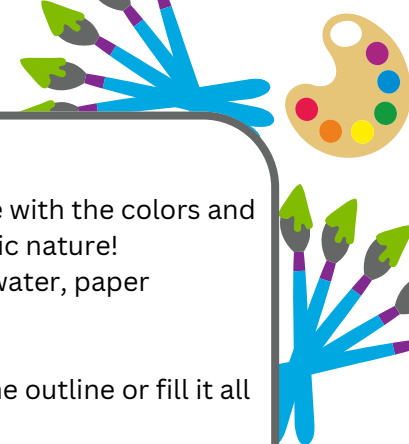


More Writing!

If your AAC learner is ready to write more, click the link to access a Google Doc with a monthly writing prompt for your journal.

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[Get the Google Doc here!](#)



Look in the Mirror

Visual Arts

Use a mirror to create portraits of yourself and others this month. Get creative with the colors and use as many as you want! And most of all, have fun using your artistic nature!

What You'll Need: Paints (acrylic work best), a mirror, paintbrush(es), water, paper

1. Place your mirror somewhere steady and easy to look at
2. As you look into the mirror, paint on the mirror the face you see; paint just the outline or fill it all in; you decide how your artwork will look
3. After you've painted your face on the mirror, get your paper and press the paper on the image to transfer the paint
4. Remove the paper and let dry
5. Frame and enjoy your artwork

Express yourself! You can paint your own face, paint others' faces, or anything you place in front of the mirror.

Use the TAAP strategy and the suggested words below to talk about your art. Remember, keep your speech natural and let the art and conversation lead you.

T

Talk about it



Cool!

That's **not cool!**
He does **not** like it.

A

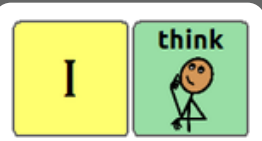
Ask a Question



Why did he do that?
Why do you think...
Why is he...
Why did...

A

Acknowledge via Response



I think it's great!
I think he should...
I think it's...
Yes and **I think**...

P

Propel the conversation or Predict



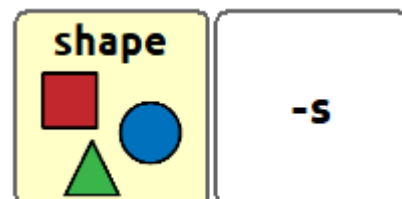
Let's read **more**.
I want to see **more!**
What **more** will he make?

Let's Learn About: Shapes

There are many different shapes we can use in our art! Circle, square, triangle, star, rectangle, and more!

Use only your favorite shape in your art. Make an image using only circles, or squares, or triangles. Use different colors to make the shapes stand out.

Or use all the shapes! Try using the same shape in different sizes to create cool artwork.



Everything is made of shapes. So use shapes in your art to make faces, flowers, or whatever you want!

What's in a Face?

Have fun with face painting with this next art project! You can paint your own face or paint a friend's face.

Here are some ideas on how to paint faces:

1. Paint small objects and pictures on the cheek and forehead.
2. Paint the face to look like an animal or other fun character.
3. Go wild and paint your face using crazy colors, like pink, green, and others we normally don't see on the face.

If you don't have face paints, here is a recipe to make your own.



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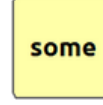
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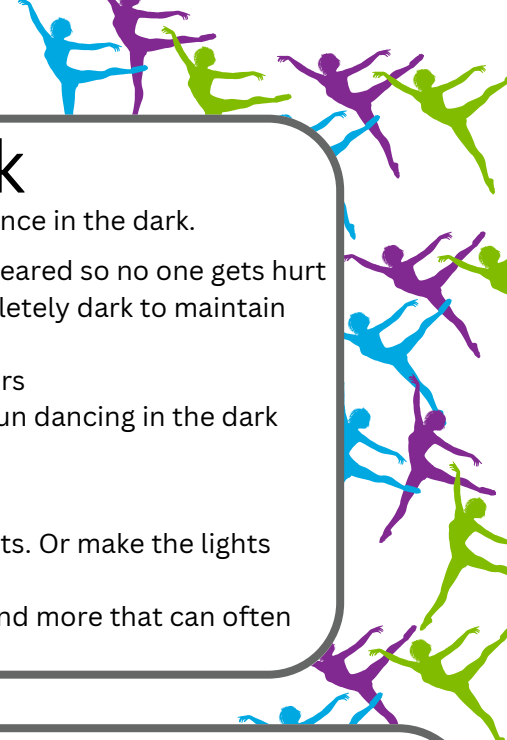


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Dance

Dancing in the Dark

Use light and music to express yourself this month while you dance in the dark.

- Steps:
1. Pick a dark room to dance in, making sure obstacles have been cleared so no one gets hurt while dancing in the dark; you may choose to pick a room that is not completely dark to maintain safety while dancing.
 2. Create your playlist of songs; gather enough flashlights for all the dancers
 3. Turn on the flashlights, turn up the music, and turn off the lights; have fun dancing in the dark

Helpful Tips:

- Pick one person to take pictures or a video of your dance.
- Make your dance more interesting by giving every dancer two flashlights. Or make the lights different colors by placing tissue paper over the light.
- Add extra fun by giving everyone glow-in-the-dark wands, necklaces, and more that can often be found at your local dollar store.

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T

Talk about it

oh my



Oh my!

He looks sad. **Oh my!**

Oh my that's...

Oh my look at that!

A

Ask a Question

how



How do you think he feels...

How will he...

How did that happen?

A

Acknowledge via Response

yes

maybe



Maybe.

Yes! Maybe he will...

Yes, I think so too!

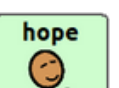
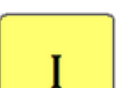
Maybe that's right.

P

Propel the conversation or Predict

I

hope



I hope he dances.

I hope he has fun!

I hope...

Let's Learn About: Movement

We can move our bodies in many different ways. When we dance, we can move in different ways.

Sometimes you can move your body fast to create a dance that feels more energetic and fun. Other times, you can move slowly.

fast

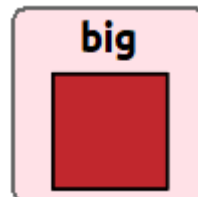


slow

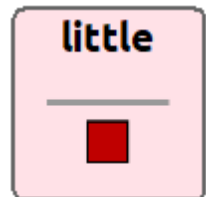


Also, you can change how big or small your movements are when dancing.

big



little



Mix up these movements to create many different feelings and styles while you dance. Dance fast and make small movements. Or mix it up and dance slow with small movements. You decide how your dance will look.

Freeze Dance

Do you love to dance? Put a creative twist and fun spin on dancing during a classic game of freeze dance.

1. Pick your favorite song(s)
2. One person will start and stop the music (this person can also take pictures or video)
3. When the music is playing, dance your heart out
4. When the music stops, you freeze

Fun Tip: Make your dance more interesting by pretending to be animals, characters, or making everyone freeze or use a similar pose. Use a combination of fast and happy songs and some slower, or mix it up however you like!



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