

# March 2024

PRC-Saltillo Playbook

## Score It!

This month you raced marbles in the PRC-Saltillo Calendar. Did you like it? Did you think it was hard? Was it boring? Or something else?



Use this scorecard and your PRC-Saltillo Calendar to rank which sports were your favorites.

















Write your score here. Enter your score on the Final Tally Card.

### Hurdle Race

Use materials you have on hand to create this game of skill and fun! This target toss is great way to improve gross motor skills, language skills, and social skills.

#### You will need:

- pool noodles
- pens/pencils (for dowels)



#### Setup and Play:

- 1. Pick a place with plenty of space to run. You can go outdoors for this one or stay inside in a gym for your race.
- 2. Decide on your course. Make it straight for a fast race. Or, make it curve and wind to work on balance, strength, and coordination.
- 3. Using the pens or pencils as dowels, place them in the ground. \*TIP: To make higher hurdles, place pens closer together; farther apart creates lower hurdles.
  - a. Other adaptations: if playing indoors, you can create bases by standing books propped open to lay pool noodles across.
- 4. On your marks, get set, race!

Don't forget to TAAP your way through the game! Find suggested words and messages to model while playing on the next page.



# March 2024

## TAAP Your Way Through Sports

Use the TAAP strategy and the suggested words below to talk about your sport. Remember, keep your speech natural and let the art and conversation lead you.



### Game in Review

Take a minute to write about sports.

Answer the prompts below to review your thoughts about this month's sport.

I think racing was

Hint: use describing or emotion words.

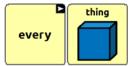






Lliked

Hint: what was your favorite part?





I would race again

Hint: use time words to talk about how often you do this aport again.





Adapt It! Need to adapt racing? Below are some tips for how to adapt the sport for different needs:

- You can use larger balls and tubes if grasping is an area of concern.
- There are many marble race sets available for purchase if you want to create longer, more involved races.
- Use cardboard or other stopper to "hold" the marble before the race starts.