

Score It!

This month you played table football in the PRC-Salttillo Calendar. Did you like it? Did you think it was hard? Was it boring? Or something else?



Use this scorecard and your PRC-Salttillo Calendar to rank which sports were your favorites.



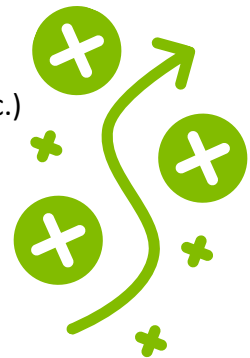
Write your score here.
Enter your score on the
Final Tally Card.

Obstacle Course

Use materials you have on hand to create this game of skill, endurance and fun! Set up an obstacle course that fits your needs; it can indoors or outdoors, standing or sitting. You decide how to challenge yourself!

Ideas for stations to add to your obstacle course:

- hula hoops (jump through each hoop, spin the hoop on a part of the body, etc.)
- string or tape (follow the line, make participants crawl under the string, crab walk on the tape, etc.)
- pillows or cushions (must climb the blocks, step over, etc.)
- cones (zigzag in and out, jump from one to another, etc.)
- catch a ball and throw it



Setup and Play:

1. Using paper and markers, create a points system. We suggest making targets worth 1, 5, 10, and 20 points, for example.
2. Tape a points marker to each of container you will use as a target.
3. Place your targets at the desired distance. Make the game easy by placing all the targets close by and together in a group. You can make the game more difficult by placing targets farther away and as stand-alone targets.
4. Have fun taking turns tossing the ball (or other item) at the targets. You can decide if you want to throw one at a time or more before switching. Have fun and score lots of points!

Don't forget to TAAP your way through the game! Find suggested words and messages to model while playing on the next page.

TAAP Your Way Through Sports

Use the TAAP strategy and the suggested words below to talk about the sport. Remember, keep your speech natural and let the art and conversation lead you.

T

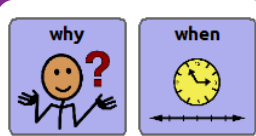
Talk about it



That was **sad!**
Look at that!
 That **looked** awesome!

A

Ask a Question



Why did it do that?
When should I go?
Why can't I do that again?

A

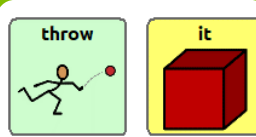
Acknowledge via Response



I **think** it worked!
 I **think** I like this!
 Whatever you **think** is best.

P

Propel the conversation or Predict



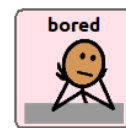
Don't **throw it** yet!
It could make **it!**
 Let's try **it** again!

Game in Review

Take a minute to write about sports. Answer the prompts below to review your thoughts about this month's sport.

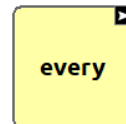
I think football was

Hint: use describing or emotion words.



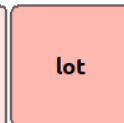
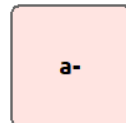
I liked

Hint: what was your favorite part?



I would play football again

Hint: use time words to talk about how often you do this sport again.



Adapt
It!

Need to adapt an obstacle course? Below are some tips for how to adapt the sport for different needs:

- Take your course outside for more active fun or keep it inside for a more contained course.
- Make cue cards with instructions to help the AAC learner understand.
- There are plenty of activities for an obstacle course in a seated position. Get creative.